



academy

Newsletter April 2009

Hello Everyone,

We have very exciting news! We are very pleased to announce that from July 2009 Cook Academy will have a permanent home at Sunnyfields Organic Farm in Totton, Southampton. Watch this space for details of our Open Day when you can come and have a look round our fabulous new cookery school. Until July we will still be running our courses either in Winchester or Easton. For all courses at the Discovery Centre in Winchester please telephone them for details and bookings on 01962 873603.

See you soon!

Kate (very excited person).

5 week evening class course:

Wednesday evenings 22nd April to 20th May, £195

Wednesday evenings 10th June to 8th July, £195

Tuesday evenings 15th September to 13th October, £195

Wednesday evenings 4th November to 3rd December, £195.

5 week daytime skills course:

Fridays 10am to 12.30pm, 18th September to 16th October, £195.

3 day course:

Wednesday to Friday 15th, 16th and 17th July

10am to 12.30pm, £135

Simple Suppers using Hampshire Produce.

Come and see us on **Saturday 13th June** at the **Ethical Food Open Day** at the **Down to Earth Community Farm in Southampton** where we will be demonstrating throughout the day. More details to follow - keep watching the website!



Visit us at www.cookacademy.co.uk or www.cantboilaneegg.com

Telephone us on 01962 734850.

Gift vouchers available now.

Saturday Seasonal Cookery Days (three course menus):

9.45 - 3pm, £90

25th April

4th July

12th September

24th October

21st November.

Saturday Workshops:

9.45 - 3pm, £90

9th May **Barbecues and Buffets**

20th June **It's Offal**

25th July **Patisserie**

26th September **Jams, chutneys and pickles**

7th November **Fish and seafood.**

Weekday Cookery Days and Workshops:

Friday 1st May, 10am to 2.45pm, **Moroccan Food**, £90

Tuesday 7th July 9.45am to 3pm **Fish and Seafood Workshop** £90

Friday 10th July 10am to 12.30pm **Knife Skills Workshop** £45

Tuesday 21st July 9.45am to 3pm **Three Course Dinner Party** (Seasonal Cookery Day) £90

Wednesday 9th September 9.45am to 3pm **Christmas Workshop** £90.

Cookery Demonstrations:

Thursday 7th May, 7.45pm to 9.30pm **Delicious Desserts**, Discovery Centre Winchester (please contact them for tickets and details 0845 603 5631).

Sunday 17th May, **Watercress Festival**, free demonstrations and tastings throughout the day, at Jaga Kitchen Designs, West Street, Alresford. No need to book.

Tuesday 2nd June, 7.45pm to 9.30pm, **Cooking for Babies and Toddlers**, Discovery Centre, Winchester.

Tuesday 23rd June, 7.45pm to 9.30pm, **Easy Suppers**, 7.45pm to 9.30pm, Discovery Centre, Winchester.

Courses for Young Adults:

Student Survival Course:

5 mornings, 10am to 12.30pm, 7th - 11th September, £195

Courses for Children:

Sunday July 12th, **Children's Cookery Workshop during Winchester Farmer's Market** - times and price to be confirmed, Discovery Centre Winchester.

Thursday 30th July, 10am to 12.30pm or 2pm to 4.30pm, **7-11 years Hands On Cookery Workshop**, Discovery Centre Winchester, price tbc

Friday 31st July, 10am to 12.30pm or 2pm to 4.30pm, **7-11 years Hands On Cookery Workshop**, Discovery Centre Winchester, price tbc.

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